

TRINITY WITNESS

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THE WARRIOR'S CROSS COUNTRY TEAM STARTS SEASON OFF STRONG: SWEEPS TOP FIVE!



The Warriors started the season off strong earlier this month at the Trinity Lone Oak Cross Country Meet in Eagan, MN. In the girls' 4th to 6th grade one mile race, Lauren McLean (6) placed fifth, with a time of 7:32, and was first for the Warriors. On the boys' side, Charlie Wendell (6) won the race in 6:15, but only six seconds behind was teammate Maddox Malchow (6), who finished third. In the 7th and 8th grade two mile race, Ethan Vargas (8) won the race by a whopping 1:26 second margin ahead of second place, Steven Asmus (8) in 12:43. The two were followed by teammates Micah Larsen (8), Braden Meyer (8), and Ben Land (7) all sweeping the top five. In girls' 7th and 8th grade two mile race, Meg Kretschmer (7), also took first place in a comfortable fashion, finishing 46

seconds ahead of second.

Less than a week later, the Warriors took on the "big schools" at the Hudson Middle School Invitational. The Warrior boys took everyone by surprise. A courageous run by Ethan Vargas and firm depth of the boys' team helped the Warriors take a surprise team victory. Vargas took a long overdue 1st place for the first time ever in Trinity Academy history by 38 seconds. The other Trinity Academy team scorers were: Steven Asmus, Braden Meyer, Micah Larsen, and Ben Land who all were in the top 20. Though ineligible in team scoring, the Trinity Academy girls represented well. In the girls' one and a half mile race, Meg Kretschmer finished 26th with a time of 12:00 flat. Lauren McLean also finished exceptionally in 57th place with a time of 12:49.



SEE YOU AT THE POLE



school, but the school would not let them pray in a public school. The students met outside at the flagpole to pray.

"See You at the Pole" began in a public school in Texas in 1990. A group of students wanted to pray at their

This movement grew from ten kids to two million in 2005. "See You at the Pole" is a student-organized and student-led event. Every year, it is celebrated on the fourth Wednesday in September.

At Trinity Academy, it is led by the 6th grade and every grade has a representative to share their class prayer. On September 28th, many prayers were lifted up including for our military, school, nation's leaders, persecuted Christians and other petitions. We had three special guests this year. They were Mayor O'Connor, Lieutenant Willems, and Officer Wildman, School Liaison Officer. The theme for this year was "Cry Out: A Generation Seeking Him" based on Psalm 24:3-6.

STUDENT COUNCIL ELECTIONS

Did you vote in this year's Student Council elections? Two representatives are chosen for grades 3 through 8. The middle school is able to run for executive positions including Treasurer, (helps keep track and count money made at Trini-mart or donated in chapel) Secretary, (takes notes during meetings and reports them to classes and parent groups) Vice President, (takes the place of the president if he or she is not there) and President (spokesperson for the student body and is required to speak at "All School" meetings).

We also voted on two questions...Where should the new water fountain be located? And

should Pizza with the Principal keep the same format or change?

Congratulations to everyone who was elected as an officer or representative. We look forward to seeing the new officers becoming great leaders for our school.

The next issue of Trinity Witness will publish the results of the school elections.



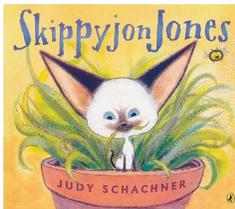
**BOOK REVIEW:
SKIPPYJON JONES
AND THE BUMBLEETO
BANDITO**

Looking for a good book to read? Here's a recommendation from Frances Kosterman, an 8th grader at Trinity Academy.

This is a book for kids ages 5 to 10 years old. Some kids from all ages will love it, but I think it's specifically for younger kids. But beware, Skippyjon Jones will make you want to go to the deepest, darkest parts of Mexico.

An exciting part of the book is when they went to a Mexican town. Skippito was the bravest of the banditos and decided to take on the Bumbleeto Bandito who came after them because they ate his beans. It takes you on an adventure and leaves you wanting to go on one too.

I definitely recommend this book, because it gives kids a sense of adventure and helps your creativity grow. I think it would help kids open up more to Spanish so learning it is easier. You will be left wanting to read more Skippyjon Jones' books.



CHEFS OF THE MONTH

Hey there, it's Stella and Sydney, your cooks for this month! It's fall and what food do you think of when you think of fall? We think of apples! We found an easy recipe of an apple crisp that is amazing! Remember to always have parent supervision when you're in the kitchen!

Apple Crisp

Prep. time: 25 minutes Total time: 1 hour 25 minutes
Serves: 6

Ingredients:

- 4 medium cooking apples e.g. granny smith apples
 - ¼ cup firmly packed brown sugar
 - ½ tsp ground cinnamon
 - ¼ cup water
 - 1 cup all purpose flour
 - ⅔ cup granulated sugar
 - ½ cup of butter or margarine, soft enough to spread
- Ice cream (optional)



Directions:

1. Heat oven to 375 degrees Fahrenheit. Cut each apple into four sections on a cutting board using a knife. Cut out apple core and seeds. Peel apple with knife or peeler.
2. Cut apple sections into slices. You should have about four cups. Put apple slices into a baking dish.
3. Put brown sugar and cinnamon into a small bowl, stir with spoon until mixed. Sprinkle mixture over apples. Pour water over the apples.
4. Put flour, granulated sugar, and butter in a medium bowl. Mix with hands until mixture is crumbly. Sprinkle crumble mixture over apples.
5. Bake 45 to 50 minutes or until apples are soft and topping is golden brown. Use oven mitts to take out of oven. Cool for 10 minutes on wire cooling rack.
6. Serve with ice cream or whipped cream, if you want. Enjoy!

**HOW WELL DO YOU
KNOW ...
MRS. FEYEREISEN**

What's your favorite season?: Fall

What's your favorite food?: Mangos

Favorite activity to do in the Fall?: Hiking

Do you have any pets?: No

What month were you born in?: November

What's your favorite sport?: Football or tennis

Who is your favorite author?: Nathaniel Hawthorne

What's your favorite holiday?: Christmas

What's your favorite color?: Blue

What's your favorite song?: "I Can Only Imagine" by: Mercy Me

What's your favorite animal?: Horses or dogs

What's your favorite place to visit?: New York, Atlanta, or Los Angeles

What's your favorite book?: The Scarlet Letter by Nathaniel Hawthorne



QUESTION OF THE MONTH

What was your favorite part of summer?

- Sam (2) Going to the Vikings game and California.
- Gideon (2) Learning how to ski for the first time.
- Caleb (2) Going to Canada.
- Owen (1) Going to Mt. Rushmore and Devil's Tower.
- Kia (1) Going to Seattle.



QUOTES

Kind words are short and easy to speak, but their echoes are truly endless. ~ Mother Teresa

Do not judge me on my successes, judge me by how many times I fell down and got back up again. ~Nelson Mandela

Today you are you, that's truer than true! There is no one alive who is youer than you! ~Dr. Seuss

The more that you read, the more things you know. The more that you learn, the more places you'll go. ~Dr. Seuss

